

Vigilance Checklist for Pilots



Pre-Flight Prep

- Do you actively review all relevant flight documents?
- Do you conduct a thorough pre-flight inspection of the aircraft?



Cockpit Setup

- Do you actively cross check required instruments?
- Do you verify the aircraft's FMS is setup correctly?



Use of Checklists

- Do you complete all necessary checklist items every single time?
- Do you consistently use checklists to avoid overlooking critical tasks?



Situational Awareness

- How far forward in time are you projecting your actions and decisions?
- Do you continuously scan all available information and resources?



Aircraft Knowledge

- Are you on top of all your aircraft's limitations?
- Can you accurately comply with the aircraft's SOP's?



Flight Navigation

- Are you regularly verifying the aircraft's flight path?
- Do you know the location of nearby suitable landing sites throughout the flight?



Use of Automation

- Are you actively monitoring automated systems?
- Are you aware of the exact function and limits for each autopilot mode?



Crosschecking

- Do you verify information using multiple sources?
- Do you invite input from other crew members to challenge you?



Crew Resource Management

- Are you verifying your crew members have understood your communications?
- Are you ensuring the entire crew have a shared mental model?



Personal Reflection

- Do you take time to reflect on your overall performance and decision making?
- Do you proactively debrief items that occurred during flight?